

1st Course

Organization:



Hellenic Association
of Orthopaedic Surgery
& Traumatology (HAOST)
ATHENS ACADEMY AWARD 2024

In cooperation with:



Balkan Foot
and Ankle Society
(BAFAS)

A L L A B O U T

forefoot

Hands on fresh frozen
cadaveric specimens

February,
16th -17th, 2024

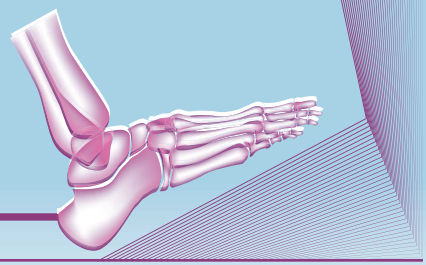
Thessaloniki, Greece

Laboratory of Anatomy & Surgical Anatomy of
Aristotle University of Thessaloniki (Workshop) &
Teloglion Fine Arts Foundation (Lectures)
Thessaloniki, Greece



FINAL PROGRAM

1st Course



WELCOME ADDRESS

Dear colleagues and friends,

We are pleased to welcome you to the **1st Cadaveric Course "All about forefoot"** which takes place on **February, 16th-17th, 2024**, in Thessaloniki, Greece.

The Course is organized by the Hellenic Association of Orthopaedic Surgery & Traumatology (HAOST) in cooperation with the Balkan Foot and Ankle Society (BAFAS).

In recent years we witnessed a significant increase of interest among orthopaedic surgeons in Foot and Ankle surgery and that's why many worldwide experts have been invited to share with us their knowledge and experience. The topics that will be presented in the Course will cover a great range of the forefoot surgical procedures focusing on teaching safe Foot & Ankle surgery.

The theoretical part of the Course is held at the **Teloglio Fine Arts Foundation** while the educational program on fresh frozen cadaveric specimens takes place at the **Laboratory of Anatomy and Surgical Anatomy of Aristotle University of Thessaloniki**.

As hosts and organizers we shall spare no effort in making your participation scientifically rewarding and as meaningful as possible.

Thank you for your active participation.

Sincerely yours,
The Presidents of the Course

MD. Antonios Pettas

Senior Consultant in Orthopaedic Surgery
Thessaloniki, Greece
CEO and Co-founder of Scandinavian Medical
Center, Limassol, Cyprus

Athanasios Badekas

Orthopaedic Surgeon-Traumatologist,
Director, 3rd Orthopaedic Clinic Henry Dunant
Hospital Center, Athens, Greece

COMMITTEES

Presidents

Antonios Pettas (Greece)
Athanasios Badekas (Greece)

Scientific Committee

Josefina Botezatu (Romania)
Nikolaos Gougoulas (Greece)
Andrzej Komor (Poland)
Levon Makinyan (Russia)
Alexey Mazalov (Russia)
Domagoj Perkovic (Croatia)
Altug Tanriover (Turkey)
Hans-Jörg Trnka (Austria)



Teloglion Foundation of Fine Arts

09.00-10.00 **SESSION I**

INTRODUCTION

Chairs: **A. Pettas (Greece), A. Badekas (Greece)**

Welcoming of the Presidents and introduction of the course

Introduction of BAFAS

Biomechanics of the foot

A. Badekas

Clinical examination

A. Pettas

10.00-11.30 **SESSION II**

HALLUX VALGUS SURGERY

Chairs: **N. Gougoulis (Greece), H.-J. Trnka (Austria)**

Scarf technique when and how

A. Mazalov

Modified chevron and other distal and midshaft osteotomies

A. Pettas

Lapidus and proximal osteotomy

N. Gougoulis

PECA

A. Badekas

Complication of Hallux valgus surgery

A. Pettas

Open or percutaneous surgery? Evidence!

N. Gougoulis

11.30-11.50 **Coffee break**

Performance of PECA technique on saw bone

A. Badekas



Laboratory of Anatomy & Surgical Anatomy, AUTH

12.00-13.30 **SESSION III**
PRACTICE ON CADAVERS

Chevron
A. Pettas
Scarf
A. Badekas
Lapidus
N. Gougoulias

Teloglion Foundation of Fine Arts

13.30-14.30 *Lunch break*

14.30-16.20 **SESSION IV**
HALLUX RIGIDUS AND METATARSALGIA
Chairs: **L. Makinyan (Russia), A. Komor (Poland)**

Hallux rigidus
H.-J. Trnka
Morbus freiberg
A. Pettas
Morton's neuroma
D. Perkovic
Transient metatarsalgia, DMMO
A. Tanriover
Taylors bunion
L. Makinyan
Osteotomy techniques on small metatarsals
N. Gougoulias
Case discussion

Laboratory of Anatomy & Surgical Anatomy, AUTH

16.30-18.00 **SESSION VI**
PRACTICE ON CADAVERS

Weil
A. Tanriover
Helal
A. Tanriover
Chevronette or reverse Wilson
L. Makinyan
MTP1 arthrodesis
H.-J. Trnka



Teloglion Foundation of Fine Arts

09.00-10.30

SESSION I

FOREFOOT DEFORMITIES

Chairs: **A. Pettas (Greece), J. Botezatu (Romania)**

Rheumatoid foot

A. Tanriover

Diabetic foot

J. Botezatu

Brachymetatarsia

L. Makinyan

Sesamoid disorders

J. Botezatu

Case presentations

10.30-11.00

Coffee break

11.00-13.00

SESSION II

OTHER FOREFOOT CONDITIONS

Chairs: **A. Tanriover (Turkey), A. Mazalov (Russia)**

Plantar plate repair

A. Komor

5th metatarsal fractures

A. Badekas

Hammertoe, mallet toe and claw toe procedures

H.-J. Trnka

Jones procedure

A. Komor

Treatment of Hallux valgus in children

A. Tanriover

The role of diagnostics in forefoot disease

J. Botezatu

Case presentations

13.00-14.00

Lunch break



Laboratory of Anatomy & Surgical Anatomy, AUTH

14.00-16.00

SESSION III
PRACTICE ON CADAVERS

Jones procedure

A. Komor

PIP arthrodesis

A. Pettas

Stabilization of 5th MT after Jones fracture

A. Badekas

1st Course

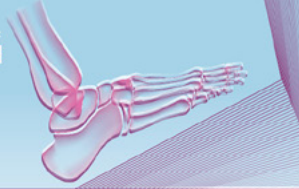
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INDEX OF CHAIRS, SPEAKERS, INSTRUCTORS

Badekas Athanasios

Orthopaedic Surgeon-Traumatologist,
Director of 3rd Orthopedic Clinic, Henry
Dunant Hospital Center, Athens, Greece

Botezatu Iosefina-Olga

MD PhD, Orthopaedic Surgeon Colentina
Hospital Bucharest, Romania

Gougoulias Nikolaos

Orthopaedic & Trauma Surgeon,
General Hospital of Katerini, Greece

Komor Andrzej

MD, Orthopaedic Surgeon, Carolina
Medical Center, Warsaw, Knee, Foot and
Ankle Consultant, PFAS Board Member,
Poland

Makinyan Levon

Senior Lecturer, Chair of Traumatology
and Orthopaedics, PFUR, Moscow,
Russia

Mazalov Aleksey

Orthopaedic Surgeon, President of the
Russian Association of Foot and Ankle
Surgeons, Russia

Perkovic Domagoj

MD, Orthopaedic Surgeon, Croatia

Pettas Antonios

Senior Consultant in Orthopaedic
Surgery, Thessaloniki, Greece
CEO and Co-founder of Scandinavian
Medical Center, Limassol, Cyprus

Tanriover Altug

Orthopaedics & Traumatology Foot and
Ankle Specialist, Cankaya Hospital,
Ankara, Halic University Istanbul, Turkey

Trnka Hans-Jörg

Professor of Orthopaedics,
Head of Vienna Foot Center,
Private Clinic Confraternità, Vienna,
Austria

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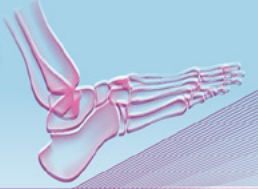
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GENERAL INFORMATION

Date & Venue

February, 16th-17th 2024

Workshops

Laboratory of Anatomy and Surgical Anatomy of Aristotle University of Thessaloniki (*University Campus, Thessaloniki, Greece, Tel.: 0030 2310999305-2310 999681, anatomylab.web.auth.gr*)

Lectures

Teloglion Foundation of Fine Arts, (*Agiou Dimitriou 159A, Str., Thessaloniki, Greece, Tel.: 0030 2310 991377, www.teloglion.gr*)

Official Language

English will be the official language of the Course and no simultaneous translation will be provided.

CME Accreditation

The Course has been accredited with **15,5 ECMECs** by the EACCME.

Certificate of attendance

The certificates will be send by the end of the Course and as soon as the evaluation form will be submitted to the Course Secretariat.

Presentations

Available audiovisual equipment for all presentations will be through power point presentation. For power point presentations, your presence to the “technical reception desk” is required one hour prior to the time of your presentation in order to check the compatibility of your usb stick. Use of personal computers will not be permitted.

Exhibition

Within the Course area there will be an exhibition of medical equipment and pharmaceutical products.

1st Course

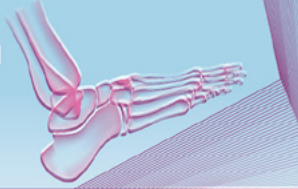
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GENERAL INFORMATION

Registration Fees

Registration Type	Cost
Specialists (lectures & cadaveric workshop)	700,00€
Residents (lectures & cadaveric workshop)	700,00€

24% VAT is not included in the above registration rates

Course Secretariat



Global Events
...makes the difference!
Conference & Event Management

Thessaloniki:

50 A Stadiou Str., 55534, Pylaia, Thessaloniki

Tel.: 2310 247734-43,

Email: info@globalevents.gr

Athens:

2 Valestra str. & 168 A. Syngrou Av., 17671, Athens

Tel.: 210 3250260, **Email:** athens@globalevents.gr

www.globalevents.gr

ACKNOWLEDGEMENTS

The Organizing Committee would like to acknowledge the success of the Course to the following companies.



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